Promoted for and on behalf of Cycling Time Trials under its rules and regulations

held on Saturday 10th July 2022 Course E1/25d — Start time 8.00 am Timekeepers – Frida Wezel & Michael Keen

Thanks to the following club members who helped make this event happen:

Dave Nock and Helen Spraggins

Essex Roads CC Prize List

Scratch

1st Colin Ward - Essex Roads CC, 31:01 2nd David Halliday - Team Bottrill, 31:31

Nearest to Average (Average is 38:29)

Peter Biggs, Hoddesdon Tri Club, 38:28

Handicap

1st Kris Pringle – Audax UK, 20:08 2nd Bill Rogers, St Ives CC, 21:58

Lady

1st Claire Hall, Dunmow Velo, 40:24 2nd Sue Chittock, Army Cycling, 42:54

ECCA Prize List

Scratch

1st Colin Ward - Essex Roads CC, 31:01 2nd Paul Turton – Team Vision Racing - Silverhook, 31:48

Handicap

1st Colin Ward - Essex Roads CC, 23:18 2nd Paul Gribbon – Southend Wheelers, 23:23

Lady

1st Sue Rodgers, Crest CC, 43:21 2nd Caroline Wyke, CC Sudbury, 50:49

Team

1st Finsbury Park CC - Dominic Bray, Andrew Turnock and Richard Pimlott, 1:56:31

Essex Roads Scratch Results

No	Name	Club	Cat	Time	Average Speed	Pos
45	Colin Ward	Essex Roads CC	V	00:31:01	28.63	1st
43	David Halliday	Team Bottrill	S	00:31:31	28.17	2nd
39	Paul Turton	Team Vision Racing - Silverhook	V	00:31:48	27.92	3rd
47	Samuel Thienel	Hart Performance Coaching	S	00:32:22	27.43	4th
35	Andrew Turnock	Finsbury Park CC	V	00:33:01	26.89	5th
33	Wolfgang Emmerich	London Phoenix CC	V	00:33:42	26.35	6th
31	Dan Jenkins	Southend Wheelers	V	00:33:47	26.29	7th
27	Bryan Long	VTTA (East Anglia Group)	V	00:33:54	26.19	8th
37	Thomas Dean	Eagle Road Club	V	00:34:26	25.79	9th
17	Sebastian Harrison	Islington Cycling Club	S	00:34:46	25.54	10th
32	Dominic Bray	Finsbury Park CC	V	00:35:15	25.19	11th
25	Peter Tibbitts	Ford CC	V	00:36:19	24.45	12th
19	Steve Smith	Redbridge CC	V	00:36:22	24.42	13th
34	Geoff Bores	Ford CC	V	00:36:40	24.22	14th
38	Anthony Collier	Audax UK	S	00:36:56	24.05	15th
13	Sean McDougall	Icknield RC	V	00:37:07	23.92	16th
40	Brian Hussey	Eagle Road Club	V	00:37:45	23.52	17th
16	Peter Biggs	Hoddesdon Tri Club	V	00:38:28	23.08	18th
22	Paul Gribbon	Southend Wheelers	V	00:38:49	22.87	19th
30	Harry Moore	Cycling Club Hackney	V	00:39:01	22.76	20th
18	Kris Pringle	Audax UK	S	00:39:03	22.74	21st
12	Martin Hodges	Hoddesdon Tri Club	V	00:40:12	22.09	22nd
36	Claire Hall	Dunmow Velo	WV	00:40:24	21.98	23rd
4	Andrew Hadfield	North Road CC	V	00:41:48	21.24	24th
9	Peter Kennedy	West Suffolk Wheelers	V	00:41:55	21.18	25th
14	Sue Chittock	Army Cycling	WV	00:42:54	20.70	26th
10	Sue Rogers	Crest CC	WV	00:43:21	20.48	27th
8	James Bromley	Hart Performance Coaching	V	00:43:22	20.47	28th
7	Robin Johnson	Brighton Mitre CC	V	00:46:10	19.23	29th
6	Richard Pimlott	Finsbury Park CC	V	00:48:15	18.40	30th
1	Bill Rogers	St Ives CC	V	00:50:07	17.72	31st
3	Caroline Wyke	CC Sudbury	WV	00:50:49	17.47	32nd
24	Ian Damant	Becontree Wheelers CC	V	DNF		
5	Antonio Paolino	Essex Roads CC	V	DNS(A)		
11	Susan Triplow	CC Sudbury	V	DNS(A)		
26	Jan Harvey	Southend Wheelers	WV	DNS(A)		
41	Alfie Salmon	Lee Valley Youth CC	WV	DNS(A)		
42	Simon Neatham	Finsbury Park CC	J	DNS(A)		
44	Mark Careless	Loose Cannon's Conditioning	V	DNS(A)		
46	Gregory Smith	Finsbury Park CC	V	DNS(A)		
2	Chris Gallagher	Brighton Mitre CC	V	DNS		
15	Hans Nilsson	London Phoenix CC	S	DNS		
20	Edward Birdsall	University Of Manchester CC	S	DNS		
21	James Chalklen	Eagle Road Club	E	DNS		
23	Peter Cottington	Bath Cycling Club	V	DNS		
28	Damien Foy	6AM Cycling	V	DNS		
29	David Glossy	Bicester Millennium CC	V	DNS		

2 Up Results

No	Name	Club	Category	Time	Average Speed
49	Geoff Reynolds	Hemel Hempstead CC	V	0:35:25	25.07
50	Helen Reynolds	Hemel Hempstead CC	WV	0.33.23	

Essex Roads Handicap Results

No	Name	Club	Cat	Time	Нсар	Handicap Time	Pos
18	Kris Pringle	Audax UK	S	00:39:03	00:18:55	00:20:08	1st
1	Bill Rogers	St Ives CC	V	00:50:07	00:28:09	00:21:58	2nd
38	Anthony Collier	Audax UK	S	00:36:56	00:14:30	00:22:26	3rd
17	Sebastian Harrison	Islington Cycling Club	S	00:34:46	00:11:55	00:22:51	4th
45	Colin Ward	Essex Roads CC	V	00:31:01	00:07:43	00:23:18	5th
22	Paul Gribbon	Southend Wheelers	V	00:38:49	00:15:26	00:23:23	6th
10	Sue Rogers	Crest CC	WV	00:43:21	00:19:54	00:23:27	7th
14	Sue Chittock	Army Cycling	WV	00:42:54	00:19:25	00:23:29	8th
9	Peter Kennedy	West Suffolk Wheelers	V	00:41:55	00:17:55	00:24:00	9th
25	Peter Tibbitts	Ford CC	V	00:36:19	00:12:19	00:24:00	10th
32	Dominic Bray	Finsbury Park CC	V	00:35:15	00:11:14	00:24:01	11th
39	Paul Turton	Team Vision Racing - Silverhook	V	00:31:48	00:07:39	00:24:09	12th
43	David Halliday	Team Bottrill	S	00:31:31	00:07:22	00:24:09	13th
8	James Bromley	Hart Performance Coaching	V	00:43:22	00:19:11	00:24:11	14th
34	Geoff Bores	Ford CC	V	00:36:40	00:12:27	00:24:13	15th
13	Sean McDougall	Icknield RC	V	00:37:07	00:12:35	00:24:32	16th
40	Brian Hussey	Eagle Road Club	V	00:37:45	00:13:10	00:24:35	17th
33	Wolfgang Emmerich	London Phoenix CC	V	00:33:42	00:08:39	00:25:03	18th
27	Bryan Long	VTTA (East Anglia Group)	V	00:33:54	00:08:32	00:25:22	19th
31	Dan Jenkins	Southend Wheelers	V	00:33:47	00:08:20	00:25:27	20th
35	Andrew Turnock	Finsbury Park CC	V	00:33:01	00:07:28	00:25:33	21st
47	Samuel Thienel	Hart Performance Coaching	S	00:32:22	00:06:47	00:25:35	22nd
37	Thomas Dean	Eagle Road Club	V	00:34:26	00:08:25	00:26:01	23rd
19	Steve Smith	Redbridge CC	V	00:36:22	00:10:06	00:26:16	24th
30	Harry Moore	Cycling Club Hackney	V	00:39:01	00:12:43	00:26:18	25th
3	Caroline Wyke	CC Sudbury	WV	00:50:49	00:24:03	00:26:46	26th
6	Richard Pimlott	Finsbury Park CC	V	00:48:15	00:21:25	00:26:50	27th
7	Robin Johnson	Brighton Mitre CC	V	00:46:10	00:18:17	00:27:53	28th

ECCA Scratch Results

No	Name	Club	Cat	Time	Average Speed	Pos
45	Colin Ward	Essex Roads CC	V	00:31:01	28.63	1st
39	Paul Turton	Team Vision Racing - Silverhook	V	00:31:48	27.92	2nd
47	Samuel Thienel	Hart Performance Coaching	S	00:32:22	27.43	3rd
35	Andrew Turnock	Finsbury Park CC	V	00:33:01	26.89	4th
33	Wolfgang Emmerich	London Phoenix CC	V	00:33:42	26.35	5th
31	Dan Jenkins	Southend Wheelers	V	00:33:47	26.29	6th
37	Thomas Dean	Eagle Road Club	V	00:34:26	25.79	7th
32	Dominic Bray	Finsbury Park CC	V	00:35:15	25.19	8th
25	Peter Tibbitts	Ford CC	V	00:36:19	24.45	9th
19	Steve Smith	Redbridge CC	V	00:36:22	24.42	10th
34	Geoff Bores	Ford CC	V	00:36:40	24.22	11th
13	Sean McDougall	Icknield RC	V	00:37:07	23.92	12th
40	Brian Hussey	Eagle Road Club	V	00:37:45	23.52	13th
22	Paul Gribbon	Southend Wheelers	V	00:38:49	22.87	14th
10	Sue Rogers	Crest CC	WV	00:43:21	20.48	15th
8	James Bromley	Hart Performance Coaching	V	00:43:22	20.47	16th
6	Richard Pimlott	Finsbury Park CC	V	00:48:15	18.40	17th
3	Caroline Wyke	CC Sudbury	WV	00:50:49	17.47	18th
24	Ian Damant	Becontree Wheelers CC	V	DNF		
5	Antonio Paolino	Essex Roads CC	V	DNS(A)		
11	Susan Triplow	CC Sudbury	WV	DNS(A)		
26	Jan Harvey	Southend Wheelers	WV	DNS(A)		
41	Alfie Salmon	Lee Valley Youth CC	J	DNS(A)		
42	Simon Neatham	Finsbury Park CC	V	DNS(A)		
44	Mark Careless	Loose Cannon's Conditioning	V	DNS(A)		
46	Gregory Smith	Finsbury Park CC	V	DNS(A)		
15	Hans Nilsson	London Phoenix CC	V	DNS		
21	James Chalklen	Eagle Road Club	E	DNS		
28	Damien Foy	6AM Cycling	V	DNS		

ECCA Handicap Results

No	Name	Club	Cat	Time	Нсар	Handicap	Pos
						Time	
45	Colin Ward	Essex Roads CC	V	00:31:01	00:07:43	00:23:18	1st
22	Paul Gribbon	Southend Wheelers	V	00:38:49	00:15:26	00:23:23	2nd
10	Sue Rogers	Crest CC	WV	00:43:21	00:19:54	00:23:27	3rd
25	Peter Tibbitts	Ford CC	V	00:36:19	00:12:19	00:24:00	4th
32	Dominic Bray	Finsbury Park CC	V	00:35:15	00:11:14	00:24:01	5th
39	Paul Turton	Team Vision Racing - Silverhook	V	00:31:48	00:07:39	00:24:09	6th
8	James Bromley	Hart Performance Coaching	V	00:43:22	00:19:11	00:24:11	7th
34	Geoff Bores	Ford CC	V	00:36:40	00:12:27	00:24:13	8th
13	Sean McDougall	Icknield RC	V	00:37:07	00:12:35	00:24:32	9th
40	Brian Hussey	Eagle Road Club	V	00:37:45	00:13:10	00:24:35	10th
33	Wolfgang	London Phoenix CC	V	00:33:42	00:08:39	00:25:03	11th
	Emmerich						
31	Dan Jenkins	Southend Wheelers	V	00:33:47	00:08:20	00:25:27	12th
35	Andrew Turnock	Finsbury Park CC	V	00:33:01	00:07:28	00:25:33	13th
47	Samuel Thienel	Hart Performance Coaching	S	00:32:22	00:06:47	00:25:35	14th
37	Thomas Dean	Eagle Road Club	V	00:34:26	00:08:25	00:26:01	15th
19	Steve Smith	Redbridge CC	V	00:36:22	00:10:06	00:26:16	16th
3	Caroline Wyke	CC Sudbury	WV	00:50:49	00:24:03	00:26:46	17th
6	Richard Pimlott	Finsbury Park CC	V	00:48:15	00:21:25	00:26:50	18th